

PSYCHIATRIC CARE

- **TRICARE Prime (CIV, FM)**

Schedule an appointment with a network psychiatrist, psychologist, or social worker in your region. You do not need a referral or pre-authorization for outpatient visits except for psychoanalysis and outpatient therapy for substance use disorders. Some virtual options include Doctor's on Demand or Telemynd.

- **TRICARE Select (CIV, FM)**

Schedule an appointment with any TRICARE authorized provider and is certified to provide benefits under TRICARE. You do not need a referral or pre-authorization for outpatient visits except for psychoanalysis and outpatient therapy for substance use disorders. Some virtual options include Doctor's on Demand or Telemynd.

- **Mental Health Clinic (A, N, M, CG)**

Fort Eustis Embedded Mental Health Clinic
502 Sternberg Road Fort Eustis, Virginia (757) 314-7557