

# COMMUNICATION

## Unit Ministry Team (UMT)

Audience: A, AF, N, M, CG, FM  
(757) 878-2202

## CG SUPRT

Audience: CG, FM  
(855) 247-8778

## Military & Family Life Counseling (MFLC)

Audience: A, AF, N, M, CG, FM  
(757) 570-3540 | Ft. Eustis

## Military & Family Life Chaplain

Audience: A, AF, N, M, CG, FM, CIV  
923 Lee Blvd, Ft Eustis | (757) 878-2202

## Employee Assistance Program (EAP)

Audience: CIV, FM  
(866) 580-9078

## FOCUS

Audience: A, AF, N, FM  
(703) 784-0189 | [TeleFOCUS@focusproject.org](mailto:TeleFOCUS@focusproject.org)

## Military One Source

Audience: A, AF, N, FM, CIV  
1-800-342-9647

## Behavioral Health Clinic

Audience: A, N, M, CG  
502 Sternberg Rd | (757) 314-7557

## AUDIENCES

-  Army
-  Air Force
-  Navy
-  Marine Corps
-  Coast Guard
-  Family Members
-  Civilians